

# Enchiladas

- **Sauce**

1. Mix 1 TBSP oil with 1 TBSP of flour
  2. Whisk together until it boils
  3. Add 10-12 OZ can of sauce (if paste, use 1 can with 1 can of water)
  4. 1 CUP chicken broth
  5. Salt, pepper, other seasonings
  6. Bring to boil, reduce simmer
- Brown 1 LB of ground beef (add onions)
  - Lightly fry about 4-5 tortillas in oil in skillet
  - Add 1/2 CUP of sauce to bottom of baking dish
  - Dip tortillas in sauce, add meat, onions, peppers, etc, place in baking dish
  - Cover with cheese, peppers, anything else
  - Bake at 350 for 20 MIN

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